

How not lose
sight of your
vision



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So then, if your purpose is to go east and all of a sudden you head to Phoenix, Arizona or Missoula Montana or Miami, Florida or Boston, Massachusetts.

*You've lost sight of your vision and which means, you had some thought, that led to some choice, that led to some behavior, that created some experience, that produced some feeling or emotion and you gave up on your vision, ***you went back to the old self.****



So you may say, "God, I want to be healthy", but oh you made the wrong choice. Three pieces of birthday cake, you missed a week of exercise, you stay up late and watch TV, you stop getting treated.

And of course, now, the same thought leads to the same choice, which leads to the same behavior, which creates the same experience, that produces the same feeling, and you say oh gosh.

And then, of course, the feeling is usually unworthiness or guilt and you return back to the same self.



I want to show you what it looks like when you learn something new, **you have a hundred billion neurons in your brain.** A hundred billion neurons, the *number of connections* you have in one neuron is between **10,000 and 40,000 connections.**

If you took *a hundred billion sheets of paper* and you stacked them on top of each other it would be five thousand miles high. That's *the distance from Los Angeles to London.*

If you took a scoop of gray matter the size of *a grain of sand* you would have *a hundred thousand neurons* in it with *over a billion connections.*





Now...

Learning is making new synaptic connections. Every time you learn something in your brain there's **a physical change** that takes place and *learning is making new connections.* Are you with me?

*If you learn anything this week, you've made a footprint. If learning is making new synaptic connections, then if you keep firing the same thoughts, over and over again, **you're going to wire them in your brain.***

*So then if learning is making new synaptic connections, then **remembering is maintaining them. And all of a sudden they develop a long-term relationship.***

*And just **like any relationship, the more you communicate the more they connect, and neurons are exactly the same way.***



Now, as you begin to learn information, *neurons tend to assemble themselves* into networks or what's called **neural networks**.

And neural networks are just gangs of neurons that have fired and wired together to form a community of neuro synaptic connections, that's related to a *thought, a skill, a habit, a behavior, a concept*.

And **neural networks are automatic programs**. You have a neural network to *brush your teeth* to *put on makeup*, to *speak a language*, to *walk*.

All of a sudden those neurons then form a *hardware circuitry*, but if you keep repeating it *the hardware becomes a software program and it becomes automatic*.

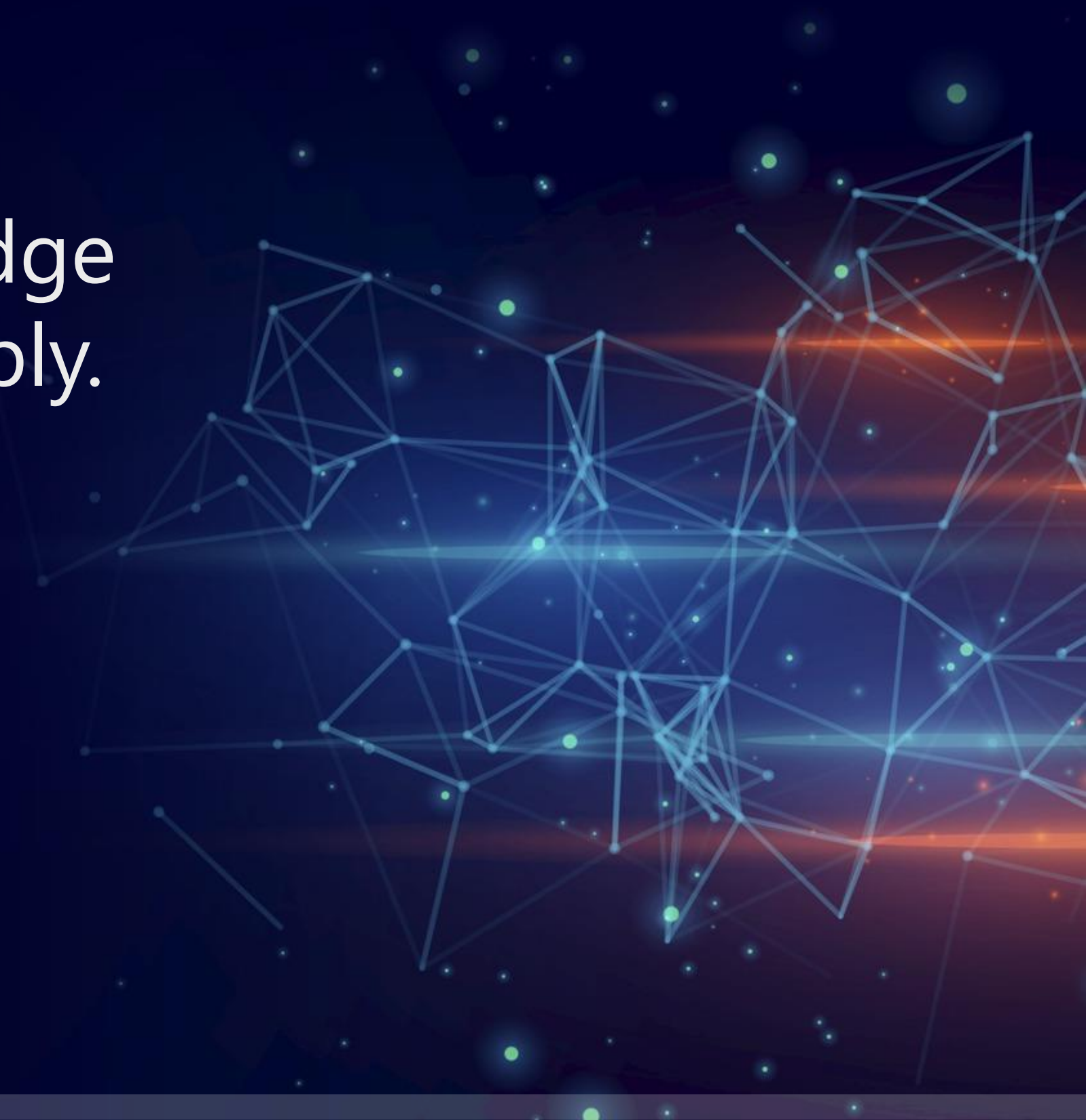


You generate more electrical impulses in your brain in one day, than all the cell phones on the planet put together. And it's not coming from the candy bar you just ate, you are connected to a greater field.

So then...

You are here this week, to begin to understand knowledge and information that is essential for you to begin to apply.

Knowledge is power, but **knowledge about yourself is self-empowerment** and we are in a time in the world where we need leaders, and true *leadership has to do with a vision of the future.*



As the old models begin to break down, in government, in the economy, in religion, in education, in the environment, in medicine, something new has to be created.

And we should never shrink from these models collapsing, it's a sign that something greater has to happen.

Innovation, creation, invention is our future.

And that are you *willing to every day revisit that vision*, and get clear on your purpose and begin to take steps towards that destiny and ***give up the emotions of the past that keep you enslaved to the same person.***



Step into that unknown and literally believe in possibility.

And *Buckminster Fuller* said it the best, he said...

*"If you want to change a culture,
forget about trying to fix what's broken,
create something that's better, and everybody will
leave that and go to something else."*



And so people around the world are waking up because we are in an age of information, and **in an age of information, ignorance is a choice.**

Learn, study, change, apply and meet the challenges in your life with a greater level of mind.

*Surely somebody has faced the same things that you have and have overcome them, and If learning is making those connections, **every time you learn you are preparing your brain for the future.***



*But be willing to be original, be willing to be defined by that vision or that dream and if every day you keep it alive, **sooner or later that experience or that vision is going to find you.***

And that's when we go from being selfish to being selfless, and that's when we give people permission in our lives to follow us because *we are no longer talking about it. **We're living it!***

Thanks for listening.

Thank you!



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